

Cumberland Extension Office

Monthly Newsletter | Volume 21, Issue 10

4-H Youth Development:



BE YOUR OWN BOSS

Join 4-H'ers from around Central District to learn the basics involved in operating your own business! Develop life skills through this 4-H workshop — marketing, records-keeping, decision-making, public speaking and more. Finally, you'll get the opportunity to sell your own products and earn a profit through Holiday Lake 4-H Center's Fall Craft Fair on Saturday, November 20th! Youth will also create a "farm sign" to promote their business at their booth (supplies provided for sign).



WHEN: Workshop takes place Saturday, Oct 23, from 9am—2pm

Transportation provided from Cumberland leaving at 8 a.m. and returning at 2:45 p.m.

WHERE: Prince Edward Extension Office, 100 Dominion Drive, Farmville, VA 23901

FEE: \$8 (make check payable to "Treasurer, VT")

Online Registration: <https://forms.gle/w8cuZSuakXDqnHbN8>

CANOEING THE JAMES: WATERSHED EXPLORATION

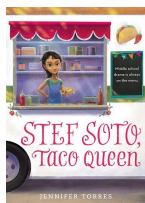
On **Sunday, October 24th**, we will conduct a **FREE** canoe trip with the Chesapeake Bay Foundation just up the road in Howardsville from **1:00 – 7:00** p.m. for middle and high school students in Buckingham and Cumberland Counties (homeschool, public and private school youth). Transportation will be provided from the Cumberland Extension Office.

This program gives youth the opportunity to experience first-hand the delights of our watershed. We will explore the watersheds where we live, engage in water quality activities including chemical testing and looking for macroinvertebrates, seek out other wildlife in the watershed, and spend time canoeing in the James River.

Sign up at <https://bit.ly/CanoeTheJames2021>

4-H CENTRAL DISTRICT VIRTUAL BOOK CLUB

We are so excited to bring back our 4-H Central District Virtual Book Club! This year's participants will read two books, one in the fall and one in the spring. Our Book Club discussions will be held via Zoom with 4-Hers from across our District.



Our fall selection is *Stef Soto, Taco Queen* by Jennifer Torres. Our spring book is *The Doughnut Fix* by Jessie Janowitz. You can see we have a food theme going! We may have some recipes to share or some other fun food-related activities to go along with our books!



Both of these books are appropriate for upper elementary and middle school grades. There are two ways to participate. You may register and order your own books via the website or bookstore of your choosing. Copies of both books have been ordered by the Cumberland Public Library. In this case, participation is free of charge. You still must register on the google form and will receive zoom link and information about an in-person cooking activity.

Otherwise, you may register and the Extension Office will order your books for you and arrange for pick-up. If you choose this option, the fee is \$15 to cover the cost of the books. Checks may be made payable to Treasurer, VT and mailed to Mecklenburg 4-H, PO Box 420, Boydton, VA 23917. Registration closes October 29. Click here to register: <https://forms.gle/Z68H7GnLjUkN8fjE7>

4-H TECH CHANGEMAKERS

Cumberland 4-H is one of the recipients of the 2021-2022 4-H Tech Changemakers grant. Access to technology and digital skills is impacting the opportunities for people nationwide and in our community. The 4-H Tech Changemakers program trains and equips teens to bring transformative digital skills training to their communities. Through the program, young people will be helping their communities thrive by advocating for increased digital inclusion and providing access to in-demand digital skills.

Would you like to make a difference as a 4-H Tech Changemakers?

You can become a digital skills trainer, build your resume, increase your leadership skills, and advocate for increasing digital inclusion in your community.

To learn more, check out <http://4-H.org/TechChangemakers>



Agriculture & Natural Resources:

CUMBERLAND HOSTS 2021 VCE CENTRAL DISTRICT FALL FORESTRY & WILDLIFE FIELD TOUR!

On October 14th, 2021, Cumberland was selected as a locality to host the Virginia Cooperative Extension Annual Forestry & Wildlife Field Tour. This year these tours will celebrate their 45th anniversary of doing tours around the state! These tours are open to landowners, natural resource professionals (federal, state and local), environmental agency reps., and educators across our locality. The goal of the tour is to educate and inform participants about practical forest and wildlife management techniques which are currently being used in our area. Industry representatives will share information on current cost-share programs available to landowners. On past tours participants have visited seedling nurseries, timber harvesting operations, saw mills, and public and private forest lands. Participants will have an enjoyable time with a leisurely touring experience that will combine current forestry and wildlife research, all the while providing resources to help landowners in attaining their own land and timber management objectives. There are still plenty of spots available! Register here: <http://tinyurl.com/yafu2mjt>

CATTLE W.I.S.E. PROGRAM FOR WOMEN IN AGRICULTURE

The amount of women as principal operators and partners on farms is increasing. To ensure that women involved with cattle operations have opportunities to learn necessary skills in an environment comfortable for them, Virginia Cooperative Extension, Virginia State Dairy Association, and Virginia Cattlemen Association have come together to create a hands-on training program. The program will be a one-day event with training on equipment, cattle handling, animal health, and animal reproduction. The event will be focused on allowing the women to work through hands-on situations such as backing up a trailer, fixing common equipment issues, working cattle, and assisting with calving issues. By empowering women involved with cattle operations, we will ensure that the future of the industry is strong. This statewide program has been fully funded through a grant from the Virginia Cattle Industry Board. This program is being held at the Buckingham Agriculture Resource Network (BARN) in Buckingham, which is a great convenience for our Cumberland producers!! Registration information is below.

FALL ARMYWORM DAMAGE:

Across Central District and the State there has been a large amount of damaged hayfields, pastures, and lawns due to the presence of fall armyworms. The most effective method of control is through insecticide usage. These worms can be a problem up until the first frost. If you notice sudden dead spots in your lawn, field, or pasture-- contact our office and we can come out and scout to see if you have fall armyworms.



Upcoming Events:

Date	Event
October 6, 2021	Estate Planning Essentials: Steps to Protect You & Your Family Free In-person Workshop 1:00 - 3:30 PM at the Prince Edward Extension Office Learn the critical importance of having a basic will, financial power of attorney, and medical directive and how to plan your estate with executors, attorneys-in-fact, medical agents and trustees so they know how to carry out your plans.. https://tinyurl.com/EstatePlanningWorkshopVCE
October 9, 2021	4-H Youth Entrepreneur Program on Saturday, October 9th at the P.E. Extension Office from 9 AM - 3 PM. Cost is \$5 to cover workshop materials. Contact Cumberland 4-H agent, Linda Eanes, at 804-492-4390 for registration information.
October 21-22, 2021	Solar-Powered Water Pumping Systems for Livestock In-person workshop at Shenandoah Valley AREC's McCormick Farm in Raphine, VA 9 AM - 4 PM each day \$40 registration fee https://vaforages.org/event/solar-powered-water-pumping-systems-for-livestock/
October 22-23, 2021	Central Va. Beginning Woodland Owner Retreat Interactive program focused on actively managing your woodlands At Holiday Lake 4-H Educational Center in Appomattox, VA On-site lodging available for individuals and couples if needed.. https://forestupdate.frec.vt.edu
October 29, 2021	Virginia Cattle Wise (Women Increasing Skills & Education) At the B.A.R.N. facility in Buckingham, VA 10 AM - 4 PM \$20 registration fee which includes lunch and materials https://tinyurl.com/cattlewise2021



Feel Free to Contact Us!



Cumberland County Extension Office

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M-F 8:00 am - 4:30 pm

<https://cumberland.ext.vt.edu/>

If you would like to be added to our 4-H OR Agriculture email list for program and office updates, please email dplumley@vt.edu